Right there with you

Aetna One® Essentials

Ongoing nurse support when you need it most



Aetna.com

2973644-03-01 (1/24)

aetna®

Supporting you on your path to better health

Your health — both physical and mental — is everything. Whether you're managing an acute issue or dealing with other complex health challenges, our nurses can help. A nurse can work with you to put together a plan, help you understand your benefits offerings and answer your health-related questions.



Personalized nurse support

Our clinical nurses can collaborate with service teams to help you achieve your health goals. Our nurses are supported with a multidisciplinary team that can help guide you to local resources. Whether you need support with an emotional issue, advanced illness or transgender and gender-diverse support, we'll work with you and your family to provide guidance and support.



Local support

With CVS® and MinuteClinic® locations inside select CVS Pharmacy® and Target® stores, you have a broad range of services to keep you and your family healthy.



Tools, tips and support centers

Through your Aetna® member website, you'll be able to locate a doctor, review your personal health record and watch informational health videos. And for specific health needs, you can explore member resources like the Cancer Support Center, Maternity Support Center, Back and Joint Care Support Center and Transgender and Gender-Diverse Support Center.



Access to information — whenever, wherever

Always on the go? No problem. Your member website is fully mobile. Remember, this is your one-stop shop for getting the help you need. And when you download the Aetna Health℠ app, you can access it all from the palm of your hand.

Get started with these resources today.

Go to **Aetna.com/Essentials** to log in to your member website.

Aetna® is the brand name used for products and services provided by one or more of the Aetna group of companies, including Aetna Life Insurance Company, and its affiliates (Aetna). Aetna, CVS Pharmacy® and MinuteClinic, LLC (which either operates or provides certain management support services to MinuteClinic-branded walk-in clinics) are part of the CVS Health® family of companies. Refer to **Aetna.com** for more information about Aetna plans.

Health benefits and health insurance plans contain exclusions and limitations.

This information is not intended to replace the advice of a doctor. Aetna is not responsible for the decisions you make based on this information. If you have specific health care needs or would like more complete health information, please see your doctor or other health care provider.

Target® is the property of Target Brands, Inc.

Aetna.com

©2024 Aetna Inc.
2973644-03-01 (1/24)