Relief from Menopause Discomfort

Over 6,000 women enter menopause *every day* in the United States. And with over 38 symptoms that may accompany menopause, women often suffer needlessly, with the impact affecting their quality of life and emotional wellbeing.

Why Gennev, Why Now

Gennev is the only virtual menopause clinic led by board-certified OB/GYNs and Registered Dietitian Nutritionists that's available in all 50 states.

Our providers apply evidence-based treatments proven to relieve symptoms in every stage of menopause. We've helped thousands of women achieve relief from menopause discomfort.

YOU DESERVE SPECIALIZED MENOPAUSE CARE

Just as expectant mothers need a specialized doctor for pregnancy and childbirth, women going through menopause need specialists trained to treat this stage of life.

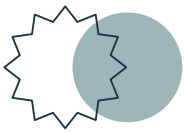
According to a 2013 survey of 5,000 OB/GYN residents, only 20% reported receiving menopause training, and only 6.8% reported feeling adequately prepared to manage women experiencing menopause. [1]

Working with a physician who is trained in menopause helps relieve symptoms of menopause and equip women with the knowledge and support to protect their future health.

97%

OF PATIENTS WOULD REFER GENNEV TO A FRIEND OR COLLEAGUE

SYMPTOMS WE TREAT



ANXIETY & EMOTIONAL WELLNESS



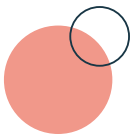
BRAIN FOG



CHRONIC FATIGUE



INSOMNIA & SLEEPLESSNESS



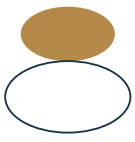
MOOD CHANGES



JOINT PAIN & INFLAMMATION



HOT FLASHES & NIGHT SWEATS



WEIGHT CHANGES



LOW LIBIDO



IRREGULAR PERIODS



HAIR & SKIN CHANGES



VAGINAL DRYNESS & PAINFUL SEX

YOUR MENOPAUSE-FOCUSED CARE TEAM

Board-Certified OB/GYNs
Gennev is led by medical doctors who undergo additional training and certifications to support our patients throughout menopause.

Registered Dietitian Nutritionists (RDNs)
Our team of RDNs help women set and achieve health goals, thrive through menopause, and maintain a sustainable, healthy lifestyle.

Behavioral Health Specialists
To help with the anxiety, mood swings and depression that can occur in menopause, we can refer you to our trusted mental-health providers.



89%

OF PATIENTS REPORT SYMPTOM IMPROVEMENT AFTER THEIR FIRST GENNEV VISIT

GENNEV IS HERE FOR YOU

Menopause is not one size fits all. Everyone's symptoms and wellness goals are unique, and each patient's menopause treatment plan is, too.

And health issues in this stage of life aren't "over" when the hot flashes finally subside. Many women face chronic conditions such as osteoporosis, heart disease, diabetes, or dementia, especially if they have personal or familial risk factors. Our providers help women make informed choices NOW to protect their health and well-being in the future.

Available In All 50 States
Conveniently access virtual care from menopause OB/GYNs and RDNS no matter where you live in the United States.

Private, No-Rush Visits
Telehealth provides a safe environment to share your menopause experiences in full 30-minute appointments.

Personalized Care Plans
Every patient receives a custom plan, which may include a combination of prescription medication and lifestyle changes.

Evidence-Based Hormone Therapies
Our OB/GYN medical treatments might include prescription medications such as birth control and hormone replacement therapy (HRT).

Visit gennev.com to get started with a Gennev OB/GYN. Most appointments can be booked within less than a week.

If you have any questions,
email us at insurance@gennev.com.

Sources
[1] Kling JM, MacLaughlin KL, Schnatz PF, et al. Menopause Management Knowledge in Postgraduate Family Medicine, Internal Medicine, and Obstetrics and Gynecology Residents: A Cross-Sectional Survey. Mayo Clin Proc. 2019;94(2)242-253. doi:10.1016/j.mayocp.2018.08.033 [2] Gennev Patient Post Appointment Survey, 2023.