Your partner for pain relief

With Hinge Health, you can get virtual physical therapy and more from real people who are dedicated to helping you feel your best.

Specialized care, personalized for you

Reduce everyday joint and muscle aches. Recover from an injury. Relieve pelvic pain and discomfort.

- A care plan designed for your everyday activities and long-term goals — and to treat multiple areas of your body at once
- Access exercise therapy sessions you can do in as little as 15 minutes — anytime, anywhere with the Hinge Health app
- Get 1-on-1 support from a physical therapist or health coach to tailor your sessions as needed and help you reach your goals



Scan the QR code or visit:
hinge.health/aristocrattechnologies-join

Please use the default camera on your device to scan the QR code, not a third-party application. If you are directed to a site other than the URL listed above, do not proceed.

NEW MEMBERS ONLY
Start your program, and get a yoga mat on us!*



Hinge Health está disponible en español
Alivia los dolores articulares y musculares y previene las lesiones con tus benecios de salud gratuitos.

*Eligibility to receive complimentary items is based on the program in which you are placed and subject to availability upon completion of your first exercise therapy session. Users may receive an alternative item if the featured item is unavailable.

Employees and dependents 18+ enrolled in an Aristocrat Technologies Aetna medical plan are eligible.

Los empleados y sus dependientes mayores de 18 años inscritos en un plan médico de Aetna de Aristocrat Technologies son elegibles.