Samsung: Wearable Device Workaround for MyActiveHealth

We can help Samsung users connect currently with MyActiveHealth using the Fitbit app(does not need a wearable and is free).

Step-by-Step Guide for Samsung Users to Connect Fitbit with MyActiveHealth:

1. **Download and Sign In:**
    - Ensure the Fitbit app is installed on the Samsung device. Users can sign into the Fitbit app using their Google account or with an email and password.
2. **Activate Physical Device Tracking:**
    - Within the Fitbit app, users should enable the option for physical device tracking. This allows the app to sync activity data with MyActiveHealth.
3. **Access Tracker Function in MyActiveHealth:**
    - Open the MyActiveHealth app and navigate to the trackers section by clicking on the trackers icon, which resembles activity rings, located in the top navigation bar.
4. **Connect to Fitbit:**
    - Select the option to 'Connect a Tracker' and choose Fitbit from the list of available services.
5. **Authorize Data Sharing:**
    - Users will be prompted to sign into their Fitbit account and grant permissions for data sharing. It is recommended to share all data to ensure comprehensive activity tracking.
6. **Syncing Data:**
    - Following these steps, the Fitbit app will begin syncing tracker data with the MyActiveHealth app, usually within a few minutes.

Tracking Activity:

- Users have the flexibility to manually log activity data into the Fitbit app or simply carry their phone in their pocket or purse. The Fitbit app utilizes Google technologies to automatically capture physical activity data and sync it with MyActiveHealth periodically.

Monitoring Progress:

- Users can log into MyActiveHealth to review their activity data, choosing to do so daily or at intervals that best suit their preferences.

Future Developments:

- We are currently exploring integration with Health Connect, following Samsung's decision to discontinue Samsung Health. This initiative aims to provide comprehensive support for all Android users, including those transitioning from Google Fit.