

60-Second Type 2 Diabetes Risk Test

There are **34 million** American adults living with diabetes. Another **88 million** are living with prediabetes, but **84%** of them don't know they have it.

Could you or a loved one be at risk? Diabetes impacts your overall health and can affect your vision. But with early diagnosis and preventive care, prediabetes can often be reversed.



Take 60-seconds to complete a risk assessment for Type 2 diabetes and find out if you're at risk.

TAKE THE TEST

Powered by the American Diabetes Association.

Note: To download a printable copy of this test, visit the online version of this article, [here](#).

Information received through VSP Vision Care channels is for informational purposes only and does not constitute medical advice, medical recommendations, diagnosis, or treatment. Always seek the advice of your eye doctor, physician, or other qualified health provider with any questions you may have regarding a medical condition.