# Meet Wellthy, your family's care support

Balancing career, family, and social life can be stressful. Whether you are caring for aging parents, a child whose daycare is closed, a spouse or sibling who suffered an accident, Wellthy is here to help.

With Wellthy, your family is matched with a dedicated Care Coordinator who will help manage care for a loved one (or yourself) in any capacity, big or small. Wellthy is well suited for helping with childcare support or complex, ongoing care needs.



## Benefits of care support

- A skilled care professional dedicated to you
  - Your Care Coordinator knows your family's story beginning to end. They'll guide you through a care plan, advocate for your loved one, and moderate those tricky conversations.
- Guidance from experts that know the care industry

  Wellthy Care Coordinators know their way around the system from healthcare to Medicare to in-home care and beyond.
- Family meetings, simplified
  Keep siblings, friends, even neighbors in the loop and on board with streamlined care communication one email thread, one moderator, one voice of reason.
- Fast help with urgent tasks, or support for the long run

  Speak with a care professional right away to get help with an urgent task, or set up your

  Care Dashboard for continued, ongoing support.
- Everything you need all in one place
  Your Care Dashboard keeps everything safe and accessible. Keep all your contacts, organize tasks, and store important documents.
- A community of caregivers

  Join Wellthy Community, a peer-to-peer space for family caregivers to find support, share experiences, and exchange knowledge across a range of care topics.

## How a Care Coordinator can help

Most of us will be caregivers at some point. Regardless of what your family is going through, we're here to help.



## Childcare

Guidance and support for parents with childcare needs.



## **Aging**

For families with aging members dealing with all kinds of life changes.



### **Health Conditions**

For individuals and families with a tough diagnosis or ongoing condition.



### Mental Health

For those struggling with depression, anxiety, alcoholism, and other mental health issues.



## **Veterans Support**

For our heroes and their families to get the care they deserve.



## Financial Hardship

For those hard working families feeling financially strained.



## **Special Needs**

For special families with unique and intersectional needs.

#### What family members are covered?

We'll help out regardless of the relationship, as long as it's impacting your day-to-day. Your loved one does not need to be a dependent on your insurance or live with you.

## Where is Wellthy available?

Across the U.S.

#### Are there out-of-pocket costs?

You and your family have access to Wellthy at no cost. But, when we set up services that are not covered by insurance (i.e. transportation, an inhome aide), the family is responsible for covering the cost. We will always provide transparent options when there are out-of-pocket fees involved.

#### Is there a cap on time?

There is no maximum on the time we'll spend to ensure your family is supported.

#### Is our information confidential?

We take privacy very seriously. With your consent, your Care Coordinator may share information with doctors, family, caregivers, or other providers in order to arrange care.

## **Getting Started is Simple!**

You and your family have access to Wellthy at no cost.



Click "Get Started" on join.wellthy.com/aristocrat and input code aristocrat23



Tell us a little bit more about what's going on



You're matched with your Care Coordinator

